



The Point:

Press on Toward the Prize

The Outline:

- Pressing on
 - Meaning of 'press on'
 - Forgetting and straining
- The Prize
- Maturity

RELATE:

-Is there one goal in your life that you worked long and hard to achieve? What was it, and what drove you to accomplish it?

REFLECT:

-Is perseverance in the faith different than 'the daily grind' or to 'keep on keepin' on'? If so, how... what's the distinction?

-Does it surprise you that Paul didn't consider himself to have attained to fully 'knowing Christ' yet? Why or why not?

-If you were to explain to someone what it means to 'press on' in the Christian life... how would you do it?

-If you were to explain what a life of 'pressing on' looks like... how would you do it?



- What are the greatest hinderances in your own life to truly 'pressing on'?
- In verse 13, how do we see Paul's single-minded devotion to following Christ?
- Read Colossians 3:1-3 and Hebrews 12:1-2. What stands out most to you in these passages?
- What are the most common culprits in your life that can take your focus off of Christ?
- How was the 'forgetting' of verse 13 explained in the sermon?
- What would you say is the greatest danger to Christians who fail to 'forget what is behind'?
- How would you describe Christian maturity? How does your definition connect to what Paul says in verse 15?
- Is there any step that God is prompting you to take in your Christian life as you 'press on'?

RESPOND:

- Pray that God would help us look to the next phase of spiritual growth and move toward it
- Ask that He will give us great zeal in pursuing Christ, and a deeper level of discipleship
- Pray that God would encourage us all through our brothers and sisters in Christ as we seek to press on toward the prize shoulder-to-shoulder
- Local Focus: Please pray for Christ our Hope Bible Church, and their pastor John Smith. Christ our Hope recently purchase the old St. Paul's United Methodist church on Monroe and Indiana. Ask God to bless this move as they seek to be a beacon of gospel-hope in central Spokane